#### CLAIMS

- 1. Apparatus comprising:
- a handle having a key;
- a piston having a bore;
- a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway capable of receiving the key; and
- a catch assembly that is capable of catching the key to the keyway.
- 2. Apparatus of claim 1, the catch assembly comprising:
  - a protuberance carried by one of the key and the cam at the keyway; and
  - a detachably engageable recess carried by the other of the key and the cam.

- 3. Apparatus of claim 2, wherein the protuberance is biased one of:
  - a) away from the key; and
  - b) into the keyway.
- 4. Apparatus of claim 1, wherein the keyway is disposed off center of the cam.
- 5. Apparatus of claim 1, wherein the piston is attached to a removable part of a bicycle.
- 6. Apparatus of claim 1, wherein the piston is attached to a hub.
- 7. Apparatus of claim 6, wherein the hub is attached to a wheel.

8. Apparatus of claim 6, wherein the hub is attached to a bicycle frame.

a handle having a key;

a piston attached to an axle mounted to a hub, the piston having a bore;

a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway capable of receiving the key; and

a catch assembly that is capable of catching the key to the keyway.

10. Apparatus of claim 9, the catch assembly comprising:

a protuberance carried by one of the key and the cam at the keyway; and

a detachably engageable recess carried by the other of the key and the cam.

- 11. Apparatus of claim 10, wherein the protuberance is biased one of:
  - a) away from the key; and
  - b) into the keyway.
- 12. Apparatus of claim 9, wherein the keyway is disposed off center of the cam.
- 13. Apparatus of claim 9, wherein the hub is attached to a wheel.
- 14. Apparatus of claim 9, wherein the hub is attached to a bicycle frame.

a handle having a key;

a piston attached to an axle mounted to a hub attached to a bicycle wheel, the piston having a bore;

a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway capable of receiving the key; and

a catch assembly that is capable of catching the key to the keyway.

16. Apparatus of claim 15, the catch assembly comprising:

a protuberance carried by one of the key and the cam at the keyway; and

a detachably engageable recess carried by the other of the key and the cam.

- 17. Apparatus of claim 16, wherein the protuberance is biased one of:
  - a) away from the key; and
  - b) into the keyway.
- 18. Apparatus of claim 15, wherein the keyway is disposed off center of the cam.
- 19. Apparatus of claim 15, wherein the hub is attached to a bicycle frame.

a handle having a key;

a piston having a bore;

a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway capable of receiving the key; and

a magnetic attraction between the cam and the key.

- 21. Apparatus of claim 20, wherein the keyway is disposed off center of the cam.
- 22. Apparatus of claim 20, wherein the piston is attached to a removable part of a bicycle.
- 23. Apparatus of claim 20, wherein the piston is attached to a hub.

- 24. Apparatus of claim 23, wherein the hub is attached to a wheel.
- 25. Apparatus of claim 25, wherein the hub is attached to a bicycle frame.

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- a handle having a key;
- a piston having a bore;

a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway receiving the key; and

a magnetic engagement of the key to the cam.

- 27. Apparatus of claim 26, wherein the keyway is disposed off center of the cam.
- 28. Apparatus of claim 26, wherein the piston is attached to a removable part of a bicycle.
- 29. Apparatus of claim 26, wherein the piston is attached to a hub.

- 30. Apparatus of claim 29, wherein the hub is attached to a wheel.
- 31. Apparatus of claim 29, wherein the hub is attached to a bicycle frame.

a handle having a key;

a piston attached to an axle mounted to a hub, the piston having a bore;

a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway capable of receiving the key; and

a magnetic attraction between the cam and the key.

- 33. Apparatus of claim 32, wherein the keyway is disposed off center of the cam.
- 34. Apparatus of claim 32, wherein the hub is attached to a wheel.
- 35. Apparatus of claim 32, wherein the hub is attached to a bicycle frame.

a handle having a key;

a piston attached to an axle mounted to a hub attached to a bicycle wheel, the piston having a bore;

a cam having first and second ends held by a cap for rotation in the bore, one of the first and second ends having a keyway capable of receiving the key; and

a magnetic attraction between the cam and the key.

- 37. Apparatus of claim 36, wherein the keyway is disposed off center of the cam.
- 38. Apparatus of claim 36, wherein the hub is attached to a bicycle frame.